

Képes nyelvtanfolyam

Angol

Hanganyagok átirata

Az alábbiakban a PONS Képes nyelvtanfolyam Angol című kiadvány online letölthető hanganyagainak transzkripcióját olvashatja.

1. lecke

Track 1

- A tea
- B a pub
- C a taxi
- D a bus
- E fish and chips
- F fashion
- G cricket
- H the Queen
- I pop music

Track 2

- Good morning!
- Good afternoon!
- Good evening!
- Hello!
- Hi!
- Hi there!
- Hey!
- Goodbye!
- Good night!
- See you!
- Bye!

Track 3

- Good morning!
- Hi there!
- Good night!
- See you!

Track 4

1. Hello, what is your name?
- My name is Nicole.
2. This is my wife, Susan.
- Nice to meet you, Susan.
3. Allow me to introduce you to John.
- Hello John, I am Jane.
4. *Hi, I'm Damien.*
- *It's a pleasure to meet you!*

Track 5

1. Hello, my name is Lucia. I come from Spain. I am Spanish, but I live in Germany.
2. Hello, I am Charles. I'm from the Netherlands. I'm Dutch and I live in Maastricht.

Track 6

I'm from Germany, but I live in Britain. I speak German and English. I love tennis and sport.

Track 7

The pub is open. The open pub is in Oxford Street.

The Queen is from England. The English Queen is elegant.

The girl is Italian. The Italian girl is beautiful.

The boy is eight years old. The eight-year-old boy likes football.

Track 8

1. The students take selfies on the street.
2. The bus always comes late.
3. Joe Blunt goes to work in London.
4. Kate makes a phone call to Germany.

Track 9

1. to come
2. to meet
3. to speak
4. to love
5. to be
6. to take
7. to go
8. to make
9. to live

Track 11

1. Hi. My name is Larry Hoover.
2. Hello. I'm Tom Fine.
2. Hi there. My name is Amaka Sali.
3. Good afternoon. I am Frank Barlow.

2. lecke

Track 13

Hi! How are you?
I'm fine thanks.
Where are you from?
I'm from London.
What is your address?
96 Kings Road, London SW3 5EJ.
What is your telephone number?
My number is 020 550 661.
How old are you?
I am 19 years old.

Track 14

What is your job?
What do you do for a living?
I'm a manager.
I'm an architect.

I work in an office.
I work at the hospital.
I study at the university.

Track 15

- A. I'm a shop manager. I work in a shop.
- A. I'm an architect. I work in an office.
- B. I'm a nurse. I work at a hospital.
- C. I'm a student. I study at the university.

Track 16

1. I'm a British singer and songwriter. I'm 31 years old. I'm from London. My biggest hits are Bleeding Love, Run and Better in time.
2. I'm a British music producer. I'm 57 years old. I'm from London. I'm also a jury member in the show Britain's Got Talent.
3. I'm a British actor. I'm 30 years old. I'm from London. I play Edward Cullen in the Twilight movies.

Track 17

Is she a singer?
Is Simon German?
Is he a shop manager?
Are they in love?
Is Robert a student?
Is Leona a new music producer?

Track 18

- A. A teacher works at a school.
- B. An actor works in a theatre.
- C. A call centre agent works for a call centre
- C. A nurse works at a hospital.
- D. An accountant works in an office.

Track 20

I am twenty-eight years old.
I'm forty-seven years old.
I am eighty-two years old.
I'm thirty-one years old.

Track 21

- Are you a teacher?
- + No, I'm not. I am a nurse.
- Are you English?
- + No, I'm not. I'm French.
- Are you 29 years old?
- + Yes, I am!

Track 22

- Are you from Great Britain?
- + Yes, I am. I'm from England.
- Are you in love with Harry?
- + No! I'm in love with William.
- Are you and Pippa sisters?
- + Yes, we are.

3. lecke

Track 23

1. father - mother
2. grandfather - grandmother
3. son - daughter
4. uncle - aunt
5. brother - sister
6. husband - wife

Track 24

- small - tall
- slim - fat
- black - white
- young - old
- long hair - short hair
- brown - blonde
- curly hair - straight hair
- strong - weak

Track 25

- silly - serious
- clever - stupid
- confident - shy
- hard-working - lazy

Track 26

1. This man here with the brown hair is my husband with our young daughter Timber.

2. This is my husband and me on a boat trip. He is very clever! I love him!
3. This man here with the beard is my brother. The small boy is his son, Ken, and the woman with glasses is his wife, Carla.
4. This is our family playing football at the beach. The small boy is my son Charly and the blonde girl is my daughter.
5. This beautiful old lady is my mother. She is a very confident person.
6. This my grandpa. He's a bit lazy! My children love his garden!

Track 27

This is my dad. He is tall and slim. I love my parents!

Here is my mum. She has long blonde hair. She is young and clever.

This is our son Rodney. He is very silly! We love our children.

This is our daughter Kimberly. She is a bit shy.

Track 28

Oh, Sweetheart, it is not your turn! Sorry, it's my turn.

Chess is my favourite game. What is your favourite game, dad?

Track 29

- the family
- the children
- the grandparents
- the uncle
- the aunt
- the old lady
- mother
- father
- brother

Track 31

1. My family goes on holiday!
2. We go abroad.
3. My brother goes by car.
4. My sisters go by train.
5. My parents go shopping first.
6. Then we go to the airport.
7. Usually everything goes well.
8. And I go crazy!

Track 32

- Do you see this girl?
- + Yes, I do. She is young and beautiful.
- She has a doll. Do you like dolls?
- + No, I don't. I like cars and football.

Track 33

1. Grandpa loves tea time.
2. He is 86 years old and retired.
3. My grandpa lives in Southampton, but he comes from Germany.
4. He has a big house.
5. He lives there with my grandma.
6. She is also retired.
7. Tea time at their house is fun.
8. His stories are very interesting!

4. lecke

Track 34

- A. a post office
- B. a bank
- C. a school
- D. a hotel
- E. a museum
- F. a library
- G. a hospital
- H. a church
- I. a station

Track 35

Excuse me! How do I get to the station?

Excuse me! Could you tell me the way to the main station, please?

Excuse me! Where can I find a bank?

Excuse me! Is there a bank nearby?

left, right

Keep left!

Go straight on!

Go past the school.

Turn right!

Cross the street.

Track 36

1. Turn left!
2. Go straight or turn left!
3. a roundabout
4. Turn right!
5. Go straight or turn right!
6. One way!

Track 37

- A. a corner
- B. a bridge
- C. the crossroads
- D. a roundabout
- E. the traffic lights
- F. a bus stop
- G. a zebra crossing

Track 38

In front of you there is Big Ben. The clock tower is 96 m high.

Behind you there is Trafalgar Square. It is a public space with Nelson's Column and the statues of four lions in its centre.

Over there, you can see Hyde Park. And on the corner there is the famous Speaker's Corner.

On the right, there is Buckingham Palace. It's the home of Queen Elizabeth and the royal family.

On the left, you can see the London Eye. It's a famous Ferris wheel.

On your right, there is Tower Bridge. The bridge is 244 m long.

Track 39

- Where are you?
- I am at the library by the museum. I can see a roundabout in front of me. And there is a school on the right.
- Where are you?
- I'm right here at the station. There is a school on the left and a church at the crossroads in front of me.

Track 40

- Excuse me! How do I get to the post office?

+ You can reach it on foot. Just keep right!
First go past the church and then turn left. Then go straight on until you reach the post office.
Do not take the bus! And don't turn right at the church!

Track 41

- How do I get to your place?

+ Well, first take the bus to Trafalgar Square. Then get off and keep right. Next turn right at the traffic lights. After that go straight on until you go past the library. Turn left before you reach the hospital. Finally cross the street to my place.

Track 43

So, you have to go by car! Ok, take the first exit at the roundabout. Then turn right into the second street after the traffic lights. My house is the third on the left!

Track 44

there
then
one thousand
this
these
that
those
third

5. lecke

Track 45

A. pepper
B. eggs
C. bread
D. kiwi
E. apple
F. chicken
G. banana
H. honey
I. broccoli
J. fish
K. pear
L. salami
M. potato

N. carrot
O. mushroom
P. chocolate
Q. strawberry
R. cabbage
S. onion
T. milk

Track 46

I would like a pound of apples.
Could I have a dozen eggs?
Would you like anything else?
Can I get you anything else?
Yes, please. I'd like some cheese.
Do you sell Salami?
No, thank you.
No thanks. That's all for now.
How much is it?
How much are they?
It costs £5.
They cost £10.50.
That's £7.50, please.

Track 47

a bottle of milk
a bar of chocolate
a slice of salami
a loaf of bread
a piece of cheese
a bunch of bananas
a packet of crisps
some water

Track 48

Customer: Hello, I would like a pound of apples, please.
Seller: Would you like anything else?
Customer: Um ... yes. Could I have a dozen eggs, please?
Seller: Sure. These are organic eggs from Bridge Farm.
Customer: And I would like a kilogram of potatoes.
Do you sell salami?
Seller: No, we don't sell salami, sorry. But I do have some pork pies.

Customer: Ah ... err, no, thanks. But I would like some chocolate. And those strawberries look tasty!
Seller: They're very tasty. Good British strawberries. £2 for these here, OK? Here you are.
Can I get you anything else?

Customer: Um ... No, thanks.
That's it for now. How much is that altogether?

Seller: That's £9.80, please.

Thank you! And twenty pence change, my darling.

Customer: Thank you! Bye!

Seller: Bye!

Track 49

- Excuse me, I would like to buy a pound of sugar and a dozen eggs, please. How much is that?

+ A pound of sugar costs £1.70 and a dozen eggs costs £2.50. That's £4.20 altogether please.

Track 50

1. 750 grams of carrots costs £0.90.
2. A pound of grapes costs £1.50.
3. Five kilograms of potatoes cost £2.99.
4. A dozen eggs costs £1.50.

Track 52

I need a tasty cake for my birthday!

This chocolate cake is perfect!

Chocolate tastes good!

Track 53

- Excuse me, how much is the bread?

+ It costs £1.49.

- Do you have any chocolate cakes?

+ No, we don't have any chocolate cakes.

- Can I buy some milk here?

+ Sure, a litre of milk costs £1.79.

- OK, I would like two bottles of milk, please.

+ Here you are. Do you want anything else?

- No, thank you. That's all for now.

Track 54

£12.99: twelve ninety-nine, twelve pounds ninety-nine pence

£1.52: one fifty-two, one pound and fifty-two pence

£581.50: five-hundred and eighty-one pounds and fifty pence

£999.99: nine-hundred and ninety-nine pounds ninety-nine pence

£100.00: one hundred, a hundred pounds

£50.75: fifty pounds seventy-five pence

£0.95: ninety-five pence

£499.79: four-hundred and ninety-nine seventy-nine, four-hundred and ninety-nine pounds and seventy-nine pence

6. lecke

Track 55

coat

trousers

dress

skirt

pullover

jeans

jacket

shirt

Track 56

A. These shoes are too small!

B. Do you like my chef's hat?

C. At work, I always wear a suit and tie.

C. This wool scarf keeps me warm!

D. How much is this red handbag?

E. Which belt do you prefer?

Track 57

Which size are you?

What is your size?

What is your shoe size?

Which colour do you prefer?

Which one would you like to try on?

It doesn't fit.

Do you have this in a larger size?

Don't you have anything more stylish?

I would like to try this skirt on.

Excuse me, where are the changing rooms?

Track 58

Does it suit me? That dress suits you perfectly!

Those trousers are perfect for you!

Track 59

Shop assistant: Hello, do you need any help?

Customer: Yes, I would like to buy a silk dress for a wedding.

Shop assistant: Sure! What is your dress size?

Customer: I'm quite small, so usually I'm a size 10.

Shop assistant: OK, we have this wonderful pink dress right here and this one with the pink belt over there.

Shop assistant: Which one would you like to try on?

Customer: I prefer the pink one. Where are the changing rooms?

Shop assistant: The changing rooms are on your left.

Customer: Excuse me, this dress is too big. Do you have it in a smaller size or is this the smallest?

Shop assistant: Would you like to try this one on? It's extra-small.

Customer: Thank you!

Customer: Does it suit me?

Shop assistant: Wow, you look great. That dress suits you perfectly!

Customer: Thanks. It is a good fit and I like it! Now, I need some shoes ...

Shop assistant: What is your shoe size?

Customer: I take size 5.

Shop assistant: Would you like to try these on?

Customer: Thanks!

Shop assistant: Do they feel comfortable?

Customer: They are just right!

Shop assistant: Okay! Can I get you anything else? Maybe a hat?

Customer: No, thank you very much. I already have a hat.

Shop assistant: Alright, that's £95.99 altogether, please.

Shop assistant: Thank you! Have a good day!

Customer: And you!

Track 60

extra-small, small, medium, large, extra-large

Track 61

cotton, wool, silk, leather

black, brown, grey, blue, white, turquoise, green, orange, yellow, red, pink, purple

Track 62

1. new
 2. beautiful
 3. casual
 4. long
 5. expensive
 6. comfortable
- A. stylish
 - B. cheap
 - C. ugly
 - D. uncomfortable
 - E. short
 - F. old

Track 63

I would like to buy a cotton shirt.

Would you like to try these shoes on?

I would like to try this dress on.

Would you like to buy a handbag?

Track 64

1. good, better, best/the best
2. bad, worse, worst/the worst
3. many, more, most/the most

Track 65

2. We offer the most beautiful clothes ever!
3. Which colour do you prefer? Pink, red or blue – we have them all!
4. Which one would you like to try on? We have more choice than other shops!
2. Our shop assistants offer only the best service!
3. The trousers don't fit? No problem! We have them in a bigger size!
4. Do you need a leather belt, a silk tie or a handbag? We have all kinds of accessories!
5. Don't wait any longer! Come in and get the newest fashion!

7. lecke

Track 66

- A. fish and chips
- B. shepherd's pie
- C. chicken tikka masala
- D. English breakfast
- E. Christmas cake
- F. scones
- G. Ploughman's lunch
- H. roast beef and Yorkshire pudding
- I. steak pie

Track 67

I would like to have a glass of water, please.

A coffee for me, please.

Do you have scones?

Can I get a latte, please?

Excuse me, I would like to order, please!

Could I have the bill, please?

The bill, please!

I would like to pay, please!

Thank you!

Thank you very much!

Thanks!

Thanks a lot!

Track 68

Lory: Well, it looks nice here, Sam.

Samuel: Yes, and the traditional pub food is good, too. Ah ... here's the waitress.

Excuse me, we would like to order, please!

Waitress: Sure, what can I do for you?

Lory: Do you have shepherd's pie?

Waitress: I'm so sorry. It's sold out already.

Lory: Can I have the steak pie then?

Waitress: Of course. Do you want your steak pie with chips or mashed potatoes?

Lory: With potatoes please.

Waitress: Ok, steak pie with mash for the lady. How about you, Sir?

Samuel: I would like the roast beef, please.

Waitress: Would you like it with roast potatoes?

Samuel: Yes, please. And with Yorkshire pudding, too!

Waitress: Okay! And what would you like to drink?

Lory: A glass of white wine for me, please.

Waitress: And for you?

Samuel: A pint of beer for me, please.

Waitress: Here you are. Steak pie and one Roast dinner.

Lory: Mmm... thank you. This does look good...

Waitress: Everything OK? Can I get you anything else?

Lory: No, thanks. I am so full up!

Samuel: Could we have the bill, please?

Waitress: Sure!

Track 69

A. tea

B. lager

C. wine

D. soft drinks

E. still water

F. sparkling water

G. coffee

H. juice

I. sparkling wine

Track 70

A. bacon

B. fried egg

C. sausages

D. baked beans

E. toast

F. mushrooms

G. tomato

Track 71

- Here is your wine! Are you ready to order your meal?

+ Yes! I'd like the classic burger and a tomato salad. And chicken tikka masala for my wife, please.

- What would you like to eat for dessert?

+ No dessert for us today. Thank you!

+ Excuse me, could I have the bill, please?

- Just a moment, Sir!

Track 72

1. One Ploughman's lunch and two baked potatoes, please.
2. Ok. We have two loaves of bread for the Ploughman's today. Which do you prefer, white bread or wholemeal?
3. White, please. And can we get two knives and forks for it?
4. Sure, no problem. Would you like some tomatoes with your Ploughman's?
5. Yes, please. And three halves of lager to go with that.

Track 73

- A: Good afternoon. Are you ready to order?
B: Yes we are. I'd like a glass of red wine ...
C: ... and a pint of lager for me, please.
A: And to eat?
B: Can I get the mixed salad with halloumi?
A: One mixed salad
C: And I'd like the rump steak with a side salad ... no, sorry, with chips, please.
A: How do you like your steak?
C: Medium, please.
- A: And would you like to order dessert now or later?
B: How about a piece of cheese cake, honey?
C: Hmm, you have that darling. I prefer the sticky toffee pudding!

Track 74

- Hi, I'd like to have the breakfast special, please.
- + One breakfast special. And how would you like your eggs?
- I'd like fried eggs. And a pot of Earl Grey, please.
- + OK, two fried eggs. Do you want milk with the tea?
- Yes, please. And some sugar, please.
- + OK. Milk and sugar. That will be ready in five minutes.

Track 75

napkin
fork
plate
glass
spoon
knife

Track 76

1. man
2. men
3. woman
4. women

8. lecke

Track 76

- When does the bus leave?
When does the bus arrive?
Is this the bus to the airport?
The bus leaves at 10 am.
The bus arrives at 10 am.
The bus is due in five minutes.
We are sorry to announce a delay to the 9.55 service to London Victoria.
- The bus is late.
The bus is delayed.
I would like to buy a single ticket to London, please.
How much is a return ticket?

Track 78

- A. by car
- B. by plane
- C. by train
- D. by bus
- E. by bike
- F. by tube
- G. by motorbike
- H. by tram
- I. on foot

Track 79

- A. train
- B. platform
- C. destinations
- D. tracks
- E. gap

Track 80

- Excuse me, is this the train to Manchester?
- + No, this is the train to Liverpool.
- Oh, right. And when does the next train to Manchester leave?
- + It's due to leave in three-quarters of an hour at 4:30.
- That's not for another 45 minutes!

- + Well, there is a bus. The bus leaves every hour on weekdays.
- Thanks, but I'd prefer to take the train.
- + OK. Well, the ticket office is over there.
- Hello, I would like to buy a ticket to Manchester, please.
- + That's £24.90 for a standard single ticket and an anytime return ticket is £42.90.
- Just a single ticket, please. I have to go to Leeds tomorrow.
- + Well then, that's £24.90, please.
- Thank you. Which platform is it?
- + The train leaves from platform 8. But there is no hurry! There is a delay of 25 minutes today!
- Oh. Perhaps I should have taken the bus after all.

Track 82

1. Is this the bus to Hackney?
 - Yes, this is the bus to Hackney Central.
2. + When does the next bus leave Victoria station?
 - The next bus leaves at 3:40 pm.
3. + When does the last bus leave Piccadilly Circus on Saturdays?
 - The last bus leaves at 8:20 pm.
4. + When does the first bus arrive at Hackney Central on Sundays and public holidays?
 - The first bus arrives at 9:45 am.
5. + When does the last bus leave Victoria station on workdays?
 - The last bus leaves at 11:30 pm.

Track 83

- M-O-N-D-A-Y: Monday
 T-U-E-S-D-A-Y: Tuesday
 W-E-D-N-E-S-D-A-Y: Wednesday
 T-H-U-R-S-D-A-Y: Thursday
 F-R-I-D-A-Y: Friday
 S-A-T-U-R-D-A-Y: Saturday
 S-U-N-D-A-Y: Sunday

Track 84

- Hello, what can I do for you?
- + I'd like to travel from London to Cardiff.
- Would you like to buy a return ticket?
- + Yes, a standard return, please. How much is that?
- That's £117.
- + Ok. Thank you!

Track 85

The next train arriving at platform 2 is the 0815 Cross Country Service to London calling at Northampton Central – Bedford – Luton and London.

Track 86

The next train arriving at platform 5 is the 0730 Cross Country Service to Manchester calling at York - Leeds - Bradford and Manchester. Please mind the gap between the train and the platform.

Track 87

1. Excuse me, I'd like to go to London. Is this the right platform?
2. Yes, the next train to arrive at this platform is the 16:45 to London.
3. On workdays the trains leave every 15 minutes.
4. When does the train arrive in London?
5. The train arrives in London around 6 pm.
6. Do you have a ticket?
7. Yes, I have a standard single ticket.

9. lecke

Track 89

- A. hotel
- B. apartment
- C. beach house
- D. log cabin
- E. hostel
- F. holiday chalet
- G. tent
- H. caravan
- I. country house

Track 90

I would like to go on a city break at the weekend.
What do you think? Adelaide or Melbourne?

I would prefer Melbourne. It's bigger and I'd like to go to the Melbourne Museum.
We could look for a hotel.

I would like a double room, please.
I'd like to book a room for two nights, from July 24th to July 26th, please.
Is breakfast included?

I would like to cancel my booking, please.
Could I cancel my booking, please?

Track 91

Richard: Janice, let's go on a city break at the weekend!
Janice: Where would you like to go?

Richard: I don't know. What do you think? Adelaide or Melbourne?

Janice: I would prefer Melbourne. It's bigger and I would like to go to the Melbourne Museum.

Richard: Ok! Let's look for a hotel room.

Receptionist: Sweet Dreams Hotel, my name is Ruby Lewis, how can I help you?

Richard: Hello, Richard Clerk speaking. I would like to book a room for two nights from July 24th to July 26th, please.

Receptionist: Would you like to book a single room, Sir?

Richard: No, I'd like a double room, please.

Receptionist: Let me check the bookings for July ... just a moment, please.

There is a double room available from July 24th to July 26th. It has a double bed, air conditioning and free WiFi.

Richard: Is breakfast included?

Receptionist: Yes, breakfast is included. The buffet is open from 6 to 10 am.

Janice: Is there a hairdryer in the room?

Richard: Janice, please! Of course there will be a hairdryer.

Receptionist: That's right, sir. There is a hairdryer in the room and a bathrobe for the spa area.

Richard: Great! So, how much is it altogether?

Receptionist: That's AUS \$840 for a double room for two nights, sir.

Richard: OK! Can I make a reservation?

Receptionist: Certainly, sir. How are you spelling your surname, Mr Clerk?

Richard: Clerk, that's: C-L-E-R-K.

Receptionist: Mr Clerk, I need your e-mail address in order to complete the booking.

Richard: Sure, it's richard.clerk@gmail.au.

Receptionist: Ok, Mr Clerk, when you receive my e-mail, please fill in the attached form and mail it back to me.

Richard: Alright!

Receptionist: Thank you for booking at Sweet Dreams. Please check in before 6 pm. Have a safe trip!

Richard: Thanks! Bye!

Receptionist: Goodbye!

Track 92

- A. safe
- B. air conditioning
- C. hairdryer
- D. towels and bathrobe
- E. slippers
- F. shower gel and shampoo

Track 93

- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

Track 94

the first of August
the second of January
the third of June
the fourth of July
the fifth of November
the sixth of December
the seventh of April
the eighth of October
the ninth of February
the tenth of May
the twentieth of March
the thirtieth of September

Track 95

- A. It can be very rainy in Scotland.
 - B. It's often very cold in England.
 - C. New Zealand has very hot places!
 - D. Windy weather is not always a bad thing in Ireland.
 - C. It can be very snowy in the USA.
 - D. Sometimes it's even cloudy in South Africa.
 - E. From December to February it's sunny in Australia.
 - F. It can be very foggy in Wales.
 - G. It's sometimes stormy in Canada.
-

Track 97

This is Janice and me in Melbourne back in nineteen eighty-five.

Oh, look. Our road trip in nineteen ninety.

This photo is from nineteen ninety-five. We love the beach.

Ah, I remember this romantic trip. That was in two thousand.

Oh, that's Adelaide in twenty ten.

Track 98

1. Our hotel offers free parking on Sundays.
2. You can sleep in our hostel for £15 per night.
3. Enjoy breakfast until 11 am at the weekend.
4. The pool is open from June to August.

Track 99

1. Do you have any rooms available in March? Yes, when would you like to check in, Sir?
 2. Does the parking cost anything? Parking costs £6 per day.
 3. Can we check in after 10 pm? No, sorry, you have to check in before 8 pm.
 4. Could I cancel my booking, please? Sorry, but it is too late for a free cancellation.
 5. Does the hotel offer free WiFi? There is free WiFi for all hotel guests.
 6. Do the rooms have air conditioning? All the rooms have air conditioning and safes.
-

Track 100

There is a lot of snow, especially in Scotland and the north of England.

Scotland has minus 2 degrees Celsius.

And in the north of England there is ice on the roads and it's minus 4 degrees Celsius.

It is a little warmer in Ireland at 2 degrees and Wales and the south of England are the warmest at 3 to 4 degrees Celsius.

Track 101

May, the twenty-second, two thousand and sixteen

February, the twentieth, nineteen seventy-three

December, the twenty-fifth, two thousand and seven

October, the thirty-first, twenty fourteen

10. Iecke

Track 102

- A. to get up
- B. to brush one's teeth
- C. to take a shower
- D. to get dressed
- E. to do sport
- F. to watch TV
- G. to read a book
- H. to sleep

Track 103

1. I wake up early in the morning.
2. First, I have breakfast.
3. After that I take a shower and get dressed.
3. Then I go to work.
4. What do you usually do at the weekend?
5. I usually spend some time with my friends.

Track 104

Hi James,
How are you? I feel very comfortable here in Frankfurt. It's a big city and it's so interesting! I never feel bored as there is so much to do. I always wake up early in the morning and take a hot shower. Then I usually have breakfast or just a cup of tea.
After that, I get dressed and go to university. In the afternoon I usually come home and study a bit. I rarely go to the library. In the evening I never stay at home. Either I go to the cinema or dancing. On Thursdays I always go to the gym with Evelyn. At the weekend, I often eat out or have a drink with my friends. Somehow I can never really relax! What about you? What do you usually do during the week?
What are your plans for Sunday night? Would you like to skype?
Cheers,
Grace

Track 105

morning, afternoon, evening, night

Track 106

1. Mike is an early bird. He gets up at 5 o'clock in the morning.
2. He always eats lunch in the afternoon.
3. Sometimes he drinks a cup of tea and eats some scones in the afternoon.
4. Mike rarely watches TV in the evening.
5. He always sleeps like a log at night.
6. In the morning he is always ready for the day!

Track 107

I am a multi-tasker! I can...

- A. do the shopping
- B. cook lunch
- C. iron clothes
- D. clean the house
- E. check e-mails
- F. do the laundry

Track 108

I am a mother. Every day I cook lunch, watch TV or read a good book at home. Sometimes I also check e-mails.

I am a secretary. At the office I call customers, skype with business partners and check e-mails every day.

Track 109

1. How often do you cook lunch?
I cook lunch every day.
2. When do you usually get up?
At 6 am every morning.
3. Where do you usually study English?
At the library.
4. What do you usually do after work?
I usually take a shower and relax.
5. How often do you meet your friends?
I meet them every weekend.
6. How often do you clean the house?
I clean it every day.

Track 110

Aidan, what do you usually do on St. Andrew's Day?

Well, I never get up before ten o'clock.

My parents often listen to traditional bagpipe music.

Gwendolin, what do you usually do on St. David's Day?

Sometimes I put a daffodil on my dress.

And sometimes I visit my uncle and my aunt for dinner.

Liam, what do you usually do on St. Patrick's Day?

On St. Patrick's Day I always put a shamrock on my jacket or shirt, but I never wear green clothes!

Molly, what do you usually do on St. George's Day?
My neighbours often put red roses on their clothes, but I never really celebrate St. George's Day.

Track 111

1. Hi there! I just love music!
In the afternoon I always listen to music and sing along.
2. What do I usually do?
Well, I often meet my friends in the evening.
3. I am mad about sport!
I usually go to the gym every morning.
4. What I usually do at work?
Sometimes I read e-mails in the afternoon.
5. What I do first thing in the morning? I always drink a cup of coffee.

11. lecke

Track 112

Would you like to meet up at the weekend?
Are you free on Friday?
What are your plans for this evening?
Let's go to the concert tonight!
How about going to the cinema?

With pleasure! How do we get there?
Yes, I think I am free on Friday.
Okay, where can we meet?
Sure, why not? When does the concert start?
Good idea, let's meet at the cinema.

Thanks for the invitation, but I can't make it this weekend!
Sorry, I have to be early up for work on Monday!
Sorry, I'm afraid I already have an appointment.
Maybe we can meet up another day?

Track 113

- A. Let's go to the cinema tonight!
- B. Would you like to go to the technology convention with me?
- C. Let's meet at the art gallery!
- D. Would you like to see a musical tonight?
- E. We would like to go to the museum this afternoon.

- F. Are you free on Friday? We could go to the opera.
- G. How about going to a rock concert on Saturday?
- F. Let's meet in front of the theatre!
- I. I would like to go to the trade fair.

Track 114

Lisa: Hi Diane, what are your plans for Friday? Would you like to go to the cinema?

Diane: I'm sorry, but I already have a date with Tom. We have concert tickets for the first row, but we could meet up with you after the concert!

Lisa: Great! The film ends at ten o'clock. How about going for a beer after the film?

Diane: Yes, it was so great last time! Where can we meet?

Lisa: Let's meet at the entrance of the cinema. The number 35 bus stops right there.

Diane: Okay! Hey, what are your plans for the weekend? My brother and I went to a fitness convention last year. It was very cool! There is another one on Sunday. Would you like to join us?

Lisa: Sorry, but I can't make it on Sunday. It's my mother's birthday.

Diane: Oh, okay! And are you free on Saturday? Tom and I would like to see an exhibition at my cousin's gallery.

Lisa: Sure, why not? How do I get there?

Diane: If you take the bus to our place, you can have a lift in our car.

Lisa: No, that's fine! And what about Sunday? Would you like to come to the birthday party after the convention?

Diane: Thanks for the invitation, but my boss called me today. I have to be early up for work on Monday!

Track 115

- Hello, do you have tickets for the concert in September?
- + I'm afraid Saturday night is sold out, but we still have tickets for Friday, September 25th.
- Is that here in London?
- + Yes, it's in the Wembley Arena.

- Oh, alright! When does it start?
- + It starts at 7:30 pm.
- How much are the tickets?
- + They are £39.50 for one ticket.
- OK, I'd like to buy two tickets, please. Where are the seats?
- + I can give you two seats in block B. That would be row U seat numbers 11 and 12.

Track 116

1. - Are you free at the weekend?
+ Yes, I am. Would you like to meet up?
2. - Would you like to meet up on Wednesday?
+ Sorry, but I can't make it on Wednesday.
3. - Let's go to the opera on Friday!
+ Sorry, I already have a date on Friday.
4. - How about going to a musical? + With pleasure! I love musicals!
5. - What about going to the museum today?
+ Sure, why not!? Is there an interesting exhibition?
6. - Would you like to go to the cinema tonight?
+ Oh yes, I would like to see the latest Quentin Tarantino movie. Let's meet at the entrance!

Track 117

1. My brother studied art and design in Oxford.
2. Later he worked for a gallery in Bristol.
3. He also lived in Bristol.
4. On Friday, he showed me his gallery.
5. I looked at all the paintings.
6. I just loved them!
7. Then my brother joined us at the cinema.
7. The film ended at 11 pm.

Track 118

1. There was an Italian city called Verona. In this city Romeo met the beautiful Juliet.
2. Romeo was the only son of the Montague family.

3. Juliet was a member of the Capulet family.
3. They were in love.
4. They met secretly, because the two families were enemies.
5. They even got married.
1. But finally, everything came to an end.
2. Both of them had to die, just because they made the wrong decision.

Track 119

Hi Val,
How are you? In your last e-mail you asked for some „tips for spending an evening out“.
Well ... I often met my friends at the cinema. We watched a lot of movies!
The most boring cultural site was the opera. I only went there once. I always loved going to concerts. Listening to music was always fun! Sometimes I went to the theatre, but only sometimes!
I stopped having friends round to my place, because they make me crazy!
Well, I have to go to work now. Take care and enjoy your evening!
Cheers,
Joey

Track 120

1. Hi Lisa! How about going to the theatre tonight?
2. Hi there! Sorry, but I'm not sure! The last play was so boring!
3. Come on! Shakespeare is so great! Let's meet at the entrance at 8pm and buy the tickets together!
4. Last time the actors were very bad and the seats were too low to see.
5. This time the actors are very good and the seats are very comfortable!
6. And you are very annoying! Ok, let's go! How about Ryan?
7. I called him in the morning and in the afternoon. I can't reach him!
8. And what about Susan and Mike? They could join us!
9. OK, but I won't buy tickets for them. They still owe me money from last time!

12. lecke

Track 121

What do you do in your leisure time?

What do you do for fun?

What is your favourite hobby?

Do you do any sport?

I love cooking and I'm addicted to books.

I used to play football.

I'm not very athletic.

Did you watch the game on TV last night?

Which team won?

What was the score?

I saw it in the pub.

Ireland had the better team, but they lost after a goal in extra time.

It finished two three.

Track 122

- A. The Ashes is a cricket competition between England and Australia.
- B. The Boat Race is a rowing competition between the universities of Oxford and Cambridge.
- C. The Six Nations is a rugby tournament between England, Scotland, Wales, Ireland, Italy and France.
- D. The Wimbledon Championships is the oldest tennis competition in the world.
- E. The Grand National is a horse race in Liverpool.
- F. The London Marathon is a famous long-distance running race.
- G. The FA Cup is a famous football competition!
- A. St Andrews in Scotland is called the home of golf.

Track 123

Paul: Hey Stuart, did you watch the rugby game on TV yesterday?

Stuart: No, I went to the football match in Brighton with my dad.

Paul: Oh, right. It was the FA Cup third round, wasn't it?

Stuart: Yes, the world's best and oldest football competition! It was very exciting!

Paul: And? ... Which team won?

Stuart: Brighton of course! Three – two, with a late goal in extra time. Football is so much cooler than rugby!

Paul: Are you serious? You must watch the Six Nations. Rugby is one of the hardest team sports in the world. I saw England against Ireland. England lost 9 to 19.

Stuart: Why was that?

Paul: Well, they are a young team and Ireland played better!

Stuart: Aha, do you play any sports?

Paul: To be honest, I rarely do any sport. And you?

Stuart: I used to play football, but that was ... maybe three years ago ...

Last week I went to a new gym. So, what do you do for fun?

Paul: Well, I love playing chess. And I read a lot of books.

Stuart: Oh, right ... very sporty!

Well, on Saturday I did sixty minutes on the treadmill and a tough workout afterwards.

Paul: That's probably not my cup of tea! To be honest I prefer watching sports on TV.

I am not very athletic ... My brother Mike is the exact opposite: He is in a cricket team.

Stuart: Yes, I met him yesterday... or was it the day before yesterday!? I can't remember... but man, he was in great shape! So, what else do you do in your leisure time?

Paul: Well, sometimes I play the guitar and I love listening to music.

Stuart: Cool ... but sport should definitely be on a real man's schedule!

Paul: Well, it's never too late to begin...

Track 124

- A. Chess is a difficult board game.
- B. She loves playing the guitar and singing along.
- C. He really likes taking photos!
- D. He prefers watching football on TV.
- E. She loves shopping more than anything else in this world.
- F. He likes listening to music.
- G. She is addicted to dancing!
- H. He reads books everywhere.
- I. Cooking with friends can be so much fun!

Track 125

Ben: Daniel, I really don't understand what you like about chess!

Daniel: Well, it's a fun game. Some people even say it's like boxing without gloves!

There are sixteen playing pieces on the board.

The aim of the game is to defeat your opponent's king. The winner says „Checkmate!“. You can even play it at different places.

Ben: Well, in that case it is not too different from football.

Daniel: Really?

Ben: Yes, there are eleven players on the field. The aim of the game is to score more goals than the other team. You also need a good game plan in football. And you can play it at different places. And also, football is a tough workout for your body.

Track 126

A. Last spring I took some photos.

B. In summer 2008 my girlfriend Julie paddled a canoe.

C. Last summer Ciara and I went hiking.

B. I chat with Ciara every week.

C. Yesterday Julie and I went for a bike tour.

D. I always spend time with Julie.

Track 127

1. In 2006, Jonathan played in a football team.

2. Last year he won his first rugby game.

3. Two months ago he did a tough workout.

4. Yesterday he watched football on TV.

Track 128

1. I used to do it a lot in school. Now I do it almost every evening before I go to bed.

2. I just love food! Yesterday I did this activity with my friends.

3. I love moving my body! I do this activity even without music!

13. lecke

Track 129

Every life begins as a baby.

Then you are a child.

After that you start school and become a schoolchild.

Life becomes harder as a teenager.

When you grow up, you are an adult.

And when you grow old you are a senior citizen.

Track 130

A. I graduated.

B. I got married.

C. My son was born.

D. I went abroad.

E. I became a professor.

F. I retired.

Track 131

When I was a child I lived in a big house. We had a big garden, two dogs and a cat.

School was close by. Usually I walked there, but sometimes I rode my bike.

I was a bright child and always happy. I loved playing with my dolls in the garden.

I left school after A-levels. Then I studied maths in Sheffield. Now I am a teacher.

I have a family of my own. I live in a suburb of Manchester with my husband and our two children.

I am a very caring person and I love travelling.

Track 132

When I was a child, I lived in a small apartment close to Nottingham with my mother and my sister. My grandma lived on a farm in Mablethorpe and we always spent the summer holidays there.

It was a very big and great place for children. Grandma had a dog called Susie. My sister and I often used to play football in the garden after breakfast. And Susie used to play with us, too.

One day in the summer 1990, my sister and I decided to dig a hole. It was so much fun. Suddenly we hit something very hard and shiny. What was it? We took a closer look at it, but there was so much dirt that we couldn't see what it was.

We cleaned the shiny thing and saw that it was an old pocket watch. We ran to grandma and showed her the watch. She couldn't believe her eyes: It was grandpa's old pocket watch. Grandma was so happy that she made some apple pie and a drink of hot chocolate for us. What a great summer!

The years passed and we grew older. Soon my sister moved out and got married. Five years later, I moved to London and studied psychology at Kingston University. Mum and I still phone every week.

Today I am a therapist and have a husband and two children of my own. We live in a small house in Leeds. It's a wonderful place!

Track 133

1. Amy Winehouse was born in Southgate, London on September 14th, 1983.
2. She grew up in a Jewish family with her older brother Alex.
3. Her father was a taxi driver and her mother worked at a chemist's.
4. Her parents got divorced when she was nine years old.
5. She went to different schools and finally finished school in Mill Hill at the age of 15.
6. After school she studied music theatre at BRIT School, but she stopped her studies after only one year.
7. In 2003, Amy became famous as a singer and songwriter and won a lot of awards.
8. She died of an alcohol overdose on July 23rd, 2011.

Track 134

I had a happy childhood!

Every morning began with a 'rise and shine' from my mum and dad.

My dad often took me to school and I kissed him goodbye. My mother was always in good shape and I often went to the gym with her. When people saw us, they always thought we were sisters.

We liked it so much that we didn't always tell them the truth! :-)

Track 135

- Did you grow up in the USA?
- + Yes, I did. I grew up in Nashville, Tennessee.
- Did you go to school in the USA?
- + Yes, I did. I went to a school in North Carolina. Did you graduate in Tennessee?

Track 136

- Why did you study medicine? And where did you study it?
- + In Stanford, California. I always wanted to become a doctor. When did you go abroad and how did you like it?
- In 2011. It was great! What did you do after your studies?
- + I got married and two years later my daughter was born.

Track 137

1. - Why did you come to Scotland?
+ I didn't like New Zealand anymore.
2. - What did you think about the people?
+ At first, I didn't talk to anyone.
3. - How did you make new friends?
+ Well, I didn't make many friends.
4. - What did you do for a living?
+ Well, I didn't have a job at first.
5. - When did you meet your boyfriend?
+ I didn't meet him. He met me!

14. lecke

Track 138

In the bedroom there is a shelf, a hanging light, a bed and a bedside table.

In the kitchen there is a door, a ceiling, an oven and a drawer.

In the office you find stairs, a bookshelf, a desk and a swivel chair.

In the living room there is a TV, a lamp, a sofa and a rug

Track 139

parking space
balcony
patio
garage
cellar
garden

Track 140

How many bedrooms does the flat have? Is the flat furnished?

How much is the rent? Are the utility costs included in the rent?

Is it a quiet neighbourhood? Is it close to the station?

The flat is very bright and offers a great view, but it is a bit small.

Track 141

Fred: Hi, I am moving to Sheffield next month and I'm looking for a place to rent.

Estate agent: Well, we have a studio flat with a kitchenette in the city centre.

Fred: Hmm ... a studio. I'd really like something a bit bigger.

Estate agent: In that case I have a lovely property with 5 bedrooms and a period staircase.

Fred: That sounds like it's a huge mansion! No, no ... maybe not quite that big.

Estate agent: How about a penthouse then? You must see the rooftop patio!

Fred: Hmm, I'm not sure if I can afford that. Do you have anything that is not too expensive?

Estate agent: Yes, I have a nice two-bedroom flat that is just right for you.

Fred: Great! Is the flat furnished or unfurnished?

Estate agent: It's an unfurnished flat in a quiet neighbourhood, but it's only 5 minutes from the station. The rent is £650 with the utility costs included.

Fred: Sounds good. When can I view the flat?

Track 143

- Are you reading a flat advertisement?

+ Yes, I am. I am looking for a new flat.

- Why are you looking for a new flat?
- + My girlfriend is pregnant.
- Wow! Is she still working?
- + No, she is not. She is taking a break.

Track 144

I created my dream flat with a computer program. Look!

It is a two-bedroom flat. One bedroom has a double bed and the other one has a sofa bed.

In the living room there is a sofa, chairs and a table.

In the hallway is a huge cupboard.

In the bathroom there is a bathtub and a toilet.

And ... you have to enter the kitchen before you can enter the bathroom!

Oh ... Well, I guess I can start planning again!

15. lecke

Track 145

- A. £2000 per month is a good salary, isn't it?
- B. Yesterday I signed my first work contract.
 - A. Here's my business card!
 - B. My boss has a flexible schedule.
- C. Melissa's new job is a good career move!
- D. I am so sad! I just got dismissed ...
- E. Do you work full time or part time?
- F. I am a freelancer. I often work from home.
- G. I am so tired ... I work late too often!

Track 146

Gareth Lewis: Hello! You must be Sean Nolan. I'm Gareth Lewis, nice to meet you. Sit down, please. Would you like anything to drink?

Sean Nolan: Nice to meet you, too, Mr Lewis. I'm glad to be here. Some water would be good. Thank you.

Gareth Lewis: Tell me about yourself! Why would you like to be our IT specialist?

Sean Nolan: I just love computers and technology.

Gareth Lewis: Can you outline your job experience, please?

Sean Nolan: Well, I have 5 years job experience in IT and programming. In my last job I was promoted to team leader.

Gareth Lewis: Good. Can you tell me a bit more about yourself? What are your strengths?

Sean Nolan: Well, I speak English, German and Russian fluently. I also did a lot of IT workshops and training -in the UK and abroad.

Gareth Lewis: Excellent. Well, Sean, you do have an impressive CV, but so do the other applicants. Why should we hire you?

Sean Nolan: I have excellent IT skills and I am highly motivated. This position with your company is a good career move for me!

Gareth Lewis: Alright, Sean ... Do you have any questions?

Sean Nolan: Yes, is it a part time or a full time job?

Gareth Lewis: It is a full time position.

Sean Nolan: Right...and when could I start?

Gareth Lewis: We need someone to start in two weeks. Well, thank you for coming. You'll hear from us soon.

Sean Nolan: I do hope so. Thank you for your time.

Track 147

We are currently looking for freelance English translators for our offices in London, Birmingham and Leeds.

You are the right candidate if English is your mother tongue. You should also be fluent in a second European language.

We offer you a competitive salary and flexible working hours.

Please send your CV to m.thomson@tl.com.

We are looking for a full time English teacher for our middle school at the Zurich International School.

You should have at least two years teaching experience and an English language degree, such as a Master of Education.

We are offering a permanent contract, a competitive salary and professional job training.

Please send your CV to jobs@ZIS.ch

Track 148

I'm so sorry, sweetheart!

I have to work late today. Don't forget, you have to get some potatoes for dinner.

No, you don't have to cook dinner by yourself. Your sister has to help you with that.

Sorry, we can't talk about this now ... no, uncle Ben and aunt Julie have to work, too. And I have to get back to work. See you later!

Track 149

- Do you have to send your CV?

+ Yes, I do. I have to outline my job experience.

- Why do you have to outline your job experience?

+ They have to check my qualifications.

- What else do you have to do?

+ I have to go to a job interview.

Track 150

1. - When do I have to start?

+ You have to start today.

2. - What do I have to do as a call centre agent?

+ As a call centre agent you have to take phone calls.

3. - Do I have to work full time?

+ No, you can also work part-time.

4. - Do I have to work overtime?

+ You often have to work overtime.

5. - Do I have to speak English?

+ Yes, you have to speak English.

6. - Do I have to speak another language?

+ Basic German skills would be desirable.

Track 151

1. Shall we have lunch together?

Yes, let's meet at the cafeteria.

2. What time shall we meet up?

Let's meet around one o'clock.

3. Shall I ask the boss to come, too?

No, don't ask the boss to come.

It is our lunch break, after all!

1. Shall I close the door?
Yes, close the door, please. I need to concentrate on this report. See you later!

Track 152

1. Bree has to come to work on time.
2. She has to order the new business cards.
3. She has to take phone calls.
4. She has to book train tickets for her boss.
5. She should make tea for her boss.
6. She should be very friendly to the clients

Track 153

Marie-Anne: Hello, this is Marie-Anne Wilson speaking. Could I talk to Ms Jackson, please?

Ms Jackson: Hello, Nadine Jackson speaking. How can I help you?

Marie-Anne: I am calling because of your advertisement for a secretary. Is it a full-time job?

Ms Jackson: No, it's a part time job. You have to work 20 hours per week. The hours are flexible.

Marie-Anne: Ah, that sounds good. Is it a permanent contract?

Ms Jackson: It's a temporary work contract for two years. What experience do you have?

Marie-Anne: I'm still a student, but I do temp work. Shall I send you my CV?

Ms Jackson: Yes, please. Send it to my mailaddress.

Marie-Anne: OK, thank you very much. And thank you for your time!

Ms Jackson: You're welcome. Have a good day!

Marie-Anne: You, too. Bye!

16. lecke

Track 154

- A. Do a workout!
- B. You can socialize with colleagues.
- B.** Backache? Enjoy a massage!
- C. Eating out with colleagues can be fun.
- D. Do some stretching!

- F. Tired? How about having a power nap?
- G. Just enough time to do the shopping.
- H. A good chance to go for a walk in the park!
- I. How about just calling a friend?

Track 155

Shall we take a break?

Shall we have lunch?

Do you have any plans for the lunch break?

How is your project going?

There is still a lot to do!

What's new?

How was your weekend?

How is your wife?

Look at the time! We should get back to work.

Sorry, but I have to get back to work now.

Track 156

Dexter: That's enough for me this morning! Shall we take a break?

Yvonne: OK. Just a moment, Dexter! Let me just finish this report.

Dexter: Yvonne, please! I'm so tired and – most of all – I am so hungry! Let's go out for lunch!

Yvonne: Wait a second! I'm almost finished!

Dexter: Yvonne!

Yvonne: Done! I'm ready!! OK. Where shall we go?

Dexter: How about the Chinese restaurant on the corner?

Yvonne: I don't think I have enough money with me.

Dexter: No problem, it's on me!

Yvonne: That sounds good.

Dexter: Hello!

Waiter: Hello! Two vegetarian spring rolls with fried rice as usual?

Dexter: Yes, please ... So, what's new? How is Anthony?

Yvonne: Uhm, not much new to be honest. Anthony is on a business trip in Dubai. And my parents are visiting me this weekend. How is your project going?

Dexter: Thanks. To be honest, there is still a lot to do, but let's not talk about work now. How was your weekend?

Yvonne: Good. I went to a club with Jules. We're going there again on Friday. And yours?

Dexter: Well, I watched the football game with a couple of friends on Saturday and went to the gym on Sunday. And then in the after-noon ...

Yvonne: Well, that was good, as usual. Just look at the time! We should get back to work soon. We do still have a lot of work to do on that report. It is due on Monday next week. So, let's go!

Dexter: Ah, you're such a spoilsport! Could we have the bill, please?

Track 157

- Hey Philip, shall we have lunch together?

+ Sure, why not!? I just need to finish a few things.

- Shall we meet in the cafeteria?

+ Cafeteria? I made myself a cheese sandwich this morning.

- Oh, in that case we could go to the park around the corner! I can get a sandwich on the way...

+ Good idea. We could go for a short walk afterwards.

Track 158

A. I always go for a bike ride after work. It helps clear my head!

B. Would you like to go to a film this evening?

C. Shall we go for a drink after work?

D. She goes to the gym on Fridays.

Track 159

I have enough money for my holidays now!

It wasn't good enough! I need to do it again.

Track 160

- What are you doing at lunch break?

+ I'm meeting up with Alex for lunch.

- Are you going to the Indian restaurant on the corner?

+ No, we're not going to the Indian restaurant. We're having lunch in the cafeteria. Are you coming, too?

- No, I'm not, sorry. I'm going for a walk today.

+ That is such a good idea! See you later.

Track 161

- What are you doing at lunch-time?

+ I am going for a walk in the park.

- Is Vincent going, too?

+ No, Vincent is not going. He's going for a curry with Linda.

- Where are you getting something to eat?

+ I'm stopping at the café in the park for a sandwich.

- When are you getting back to work?

+ I'm getting back to work around two o'clock.

Track 162

Tony: Hey guys! It's Friday at last! Are we going for a drink tonight?

Hank: Hi there! When are we going?

Liz: Hi! I'm in. Bud and I are meeting in the Red Lion at six.

Hank: That sounds good, but is the boss coming?

Liz: No, he is going on a business trip tonight.

Tony: Perfect! I am working late tonight, but I can make it for 7.30 pm.

Liz: OK. See you then. The rest of us are meeting around 6 pm, right?

Tony: At the latest! I am leaving here around 5:30 pm. OK?

Hank: Is anyone going by car?

Tony: I don't think so. We are all drinking tonight!

17. lecke

Track 163

- A. My heart is in my chest.
- B. I have two strong hands.
- C. I think with my head.
- D. I walk with my legs.
- E. I swallow with my throat.
- F. I listen with my ears.
- G. I don't have broad shoulders.
- H. I smell with my nose.
- I. I hold you in my arms.
- J. I scratch my chin.
- K. I bend my knee.
- L. I close my eyes.
- M. I bend my elbow.
- N. I speak with my mouth.

Track 164

- A. He has a stomach ache.
- B. She has a sore throat.
- C. He has a cold.
- D. He has an itchy rash.
- E. He has a high temperature.
- F. She has terrible headache.

Track 165

How can I help you?

What are your symptoms?

I don't feel very well.

I have a headache.

I have a cold.

I have a rash here ...

My arm hurts.

Let me have a look.

Where does it hurt?

Does this hurt?

It hurts here.

Is it serious?

Is it contagious?

Is there anything we can do?

It is not serious.

You just need some rest.

In a few days you should be fine again.

It is contagious.

I need you to see a specialist.

Take three of these tablets a day.

I'll give you a sick note.

Get well soon!

Track 166

Receptionist: Mr Peterson, please!

Doctor: Mr Peterson, how can I help you?

Mr. Peterson: I don't feel well.

Doctor: What are your symptoms?

Mr. Peterson: I have a terrible headache and my shoulder hurts.

Doctor: How long have you had these symptoms?

Mr. Peterson: Since last week.

Doctor: Did anything unusual happen last week?

Mr. Peterson: Well, I had a small accident at home on Friday.

Doctor: Oh, what happened?

Mr. Peterson: Well, I wanted to put up some new curtains in the living room. I was up a ladder when the phone rang. I tried to get the phone before it stopped ringing, but I wasn't able to reach it. I missed my step and fell. I hit the window with my head and fell on the floor.

Doctor: That doesn't really sound like a small accident – to be honest. So where exactly does it hurt?

Mr. Peterson: It hurts here, in my left shoulder and the headache is almost unbearable.

Doctor: Let me have a look. Would you take off your shirt, please? Mmm ... it doesn't look good at all. Does this hurt?

Mr. Peterson: Ouch, yes! Is it serious?

Doctor: I can't tell you at this point. I need you to see a specialist. We need an x-ray of your shoulder and an MRI of your head.

Mr. Peterson: Oh, ok... Is there anything you can do now?

Doctor: I can give you some painkillers. Take one of these tablets three times a day. Here is the referral for the radiologist. Please arrange another appointment as soon as you have the results.

Mr. Peterson: May I go to work tomorrow?

Doctor: No, you need some rest. I will give you a sicknote.

Mr. Peterson: Ok, thank you very much.

Doctor: Get well soon!

Mr. Peterson: Thanks, bye!

Doctor: Bye!

Track 167

Eat well!

Eat breakfast at home before starting school or work.

Drink 2–3 litres of water every day.

Have a balanced lunch.

Don't skip meals.

Try to avoid heavy meals late at night.

Eat fruit and vegetables every day.

Don't use too much salt.

Stay active!

Be active – as much as possible, e.g. do gardening or housework.

If possible – walk or cycle to school or work.

Walk at least 30 minutes a day.

Take regular exercise, e.g. go jogging or do workouts.

Take care of your body.

And finally...

Sleep at least eight hours at night.

Don't drink too much alcohol.

Don't take different tablets at once.

Do not smoke or stop smoking.

Don't stress yourself and try to relax.

Stay around positive people.

Look after yourself in mind and body

Track 168

– What happened?

+ I tried to get my doll from the shelf, but I wasn't able to reach it and fell.

– Are you able to move your arm?

+ Yes, but I am not able to bend it.

Track 169

1. I've got butterflies in my stomach.

2. I need to get something off my chest.

1. It'll be OK, keep your chin up!

2. Calm down! I'm pulling your leg!

3. Can I give you a hand?

4. Oops, I caught him on the wrong foot!

5. She is head over heels in love with him!

7. Tell me everything ... I'm all ears!

9. I'll keep an eye on him!

10. My heart was in my mouth!

Track 170

A. I lost a tooth.

B. I taste with my tongue.

C. I have a soft upper lip.

D. My gums are pink.

E. I have a big lower lip.

Track 171

– Ms. Arkin, how can I help you?

+ I have terrible toothache!

– How long have you had this ache?

+ Since yesterday.

– Did anything particular happen before the pain started?

+ I ate a toffee.

– Let me have a look... There is a hole in your tooth. You need a filling.

+ Oh no! +

Track 172

A. You can use a cooling pack for your foot.

B. You should take some cough syrup if you can't stop coughing.

A. Sometimes tablets and painkillers can help with the pain.

C. You need a bandage if you cut your finger.

D. Your doctor can give you an injection.

E. A hot-water bottle is good if your stomach aches.

F. Use cream when you have an infection

Track 173

– I don't feel well. I think I have the flu!

+ Let me see. Oh yes, you have the flu. You have a temperature of 39.7 degrees.

– Is it serious?

+ Yes, it is serious. It should be between 36.5 and 37.5 degrees.

– Is there anything I can do?

- + Sure, drink plenty of tea and get a lot of rest!
- May I go to work tomorrow?
- + No, of course you may not go to work. I'll give you a sick note for this week.
- Ok, thank you very much.
- + Get well soon!

18. lecke

Track 174

- A. Animal lovers can go horse riding in Cornwall.
- B. How about sailing in New Zealand?
- C. What about cage diving for sharks in South Africa?
- D. Discover the Irish landscape on a bike tour!
- E. Do you like hanging out? Go bungee jumping in South Africa!
- F. Hiking in the Scottish Highlands is the best meditation!
- A. Do you like snow? Go skiing in Canada!
- G. Or do you prefer climbing in the Rocky Mountains?
- H. Free your mind with skydiving in Australia.

Track 175

I'm a dare devil. I'm going to do bungee jumping next week.

I'm addicted to water. I am going diving in Auckland.

I love nature. I'm going on a long bike tour.

It's the best way to escape the daily routine.

I am going to take a photo of it and send it to all of my friends.

I need a thrill!

How are the hiking trails?

How much is the bike fee?

Do we need any equipment?

Is it going to be dangerous?

Track 176

John: Hey Tim, what are you going to do during your holidays?

Timothy: Well, it's been a stressful year and I feel kind of burned out. I think I just need a thrill!

John: Hey Tim, was machst du während deines Urlaubs?

Timothy: Naja, es war ein stressiges Jahr und ich fühle mich irgendwie ausgebrannt. Ich denke, ich brauche einfach einen Kick!

John: A thrill? What are you thinking of?

Timothy: Well, you know... somehow my holidays have often looked the same so far. Having breakfast at the hotel buffet, swimming a few lengths in the hotel swimming pool. Enjoying the hotel evening program...

John: What's so bad about that? I love sunbathing on the beach.

Timothy: Maybe it is relaxing, but believe me: action is the best way to escape the daily routine!

John: What do you mean by action? I am talking about an active holiday: bungee jumping in South Africa, sky diving in Australia or New Zealand, climbing in the Rocky Mountains.

John: Have you ever been on a holiday like that?

Timothy: Yes, of course. Last year I took my backpack and my hiking books and went hiking in Canada on my own. And I am going to go there again this year!

John: Wow, that's really impressive!

Timothy: You know I'm a dare devil, John! I was just about to call the travel agency to get some more information on the activity offers in Canada. Maybe there is something for both of us?

John: Why not!? Go ahead!

Mrs Jones: Fun Holidays, Brianna Jones speaking. How can I help you?

Timothy: Hello, this is Timothy Johnson speaking. Uhm ... I am calling to get some information about the activity holiday offers in British Columbia. I am particularly interested in hiking.

Mrs Jones: Do you have any hiking experience?

Timothy: Yes, I have a lot of experience, but I am going to take my friend with me and he is a beginner.

Mrs Jones: I see. In that case I recommend the West Coast Trail.

Timothy: What is that like?

Mrs Jones: It's a 75-km trail section of beach and rain forest between Bamfield in the north and Port Renfrew in the south. You can download a free online guide if you like.

Timothy: That sounds good. Are

there any special offers for two people? Maybe with an extra thrill?

Mrs Jones: An extra thrill? Well, we are currently offering a round trip to British Columbia, for two people, including all flights and a two-week stay in a four star hotel, just half an hour's drive from the trail. That costs only £800 per person. And concerning your "extra thrill" there is a bungee jumping training camp every summer.

Timothy: Cool! Do we need any equipment?

Mrs Jones: Bungee ropes are going to be provided for free.

Timothy: Listen, I am going to talk to my friend and call you back in ten minutes, if that's OK.

Mrs Jones: Sure. Don't hesitate to visit our website in the meantime. It's www.fun-holidays.com.

Timothy: Ok, thank you very much. Bye.

Mrs Jones: Bye!

Track 177

- A. You need a mountain bike if you want to go offroad.
- B. You need a full scuba tank if you want to go diving.
- C. A backpack and comfortable hiking boots are a "must" for hiking.
- D. Better not forget your parachute when you go skydiving!
- E. You will be faster on the snow with skis.
- F. Always check your bungee rope before you jump!

Track 178

Do you want more action in your holidays?

The W.E.T. holiday agency offers a variety of water activities in the UK, Australia, New Zealand and some parts of the USA.

Go snorkelling in the most beautiful seas and get a foretaste of the impressive underwater world. It's just the right activity holiday for beginners.

Advanced holidaymakers will enjoy diving in the deepest seas. After a special course you can dive on your own.

If this is not enough, we also have activities for real dare devils! In a group of four or more you can go on a white-water rafting tour. But be warned, this activity is for experts only.

But believe me, the biggest thrill you are going to get is shark cage diving. While you are in a safe cage, wild sharks swim around you. We recommend this activity to advanced thrillseekers!

Track 179

In three weeks I am going to take off for my activity holiday in New Mexico. First, I am going to go on a long bike tour. Then I am going to climb through the Rocky Mountains. Finally, I am going to do sky diving with a friend. I am so excited! Tomorrow I am going to buy the equipment and next week I am going to buy a new camera, because I am going to show all the photos to my friends!

Track 180

- Hello, we would like to book a white-water rafting tour. Do we need any equipment?
- + Yes, you do need some equipment. You are going to get your boat and your life jackets at the riverside.
- How much is the boat fee going to be?
- + The boat fee is going to be £10 per hour. The life jackets are for free.
- Is there going to be guide?
- + Yes, Greg is going to guide you. He is a professional trainer.
- Is it going to be dangerous?
- + It's not going to be dangerous if you stick to the rules.

Track 181

We are currently offering a special holiday activity for real adventurers! You have the unique chance to go climbing with Alex Honnold, the most famous and talented rock climber in the world. You are going to go through 7 days training. In this course you are going to learn the most important rules of climbing. After that, you are going to go on a climbing tour in the Rocky Mountains of New Mexico. In a group of eight motivated climbers, accompanied by a professional guide, you are going to have the trip of your lifetime!

19. lecke

Track 182

- A. Young people often use social media to inform themselves.
- B. Another popular medium is radio.
- C. Some people check the news online.
- D. Others keep themselves updated with the newspaper.
- E. A lot of people watch the news on TV.
- F. Sometimes news spreads by word of mouth.

Track 183

- A. Find out the latest football results in the sports news.
- B. Get to know about current events in the daily news.
- C. If you are planning to go out today, it's best to check the weather forecast.

Track 184

How is the situation over there?
What can you tell us about the earthquake?

Could you say a few words about the damage?

I was working in the bank when suddenly the walls began to shake.

After the second vibration the windows broke.

Many people ran around crazily!

I will keep you updated with any new developments!

Track 185

- Good evening and welcome to the BBC news at six.
Tonight we have breaking news straight from San Francisco where there has been a dramatic event on the west coast of the USA. Just minutes ago we received information that public buildings, such as schools, hospitals and banks in San Francisco had to be evacuated immediately because of a huge earthquake. Gary Barlow is live at the scene.
Gary, how is the situation over there?
- + Well, Monica, I am standing right in front of Everett Middle School in San Francisco. Or what is left of it! We can see a lot of scared people running around crazily. It seems like the earthquake has stopped, but no one really knows.
Hillary Hewett, the school principal, was in her office when the earthquake started.
Ms Hewett, what can you tell us about the earthquake?
- I was sitting at my desk when suddenly the walls began to shake. At first I thought it was bomb! After the second vibration the windows broke and things fell from the shelves. Some pupils were hit by broken glass. It was just horrible!
- + Thank you. Right behind me, I have some students who have escaped unhurt. Excuse me, could you say a few words about what happened to you?
- Well, I was in class writing a math test when suddenly the walls started to shake. All the students were very scared. It became even weirder when the floor started to vibrate beneath our feet. A lot of the students were so scared that they ran out of the building! It was simply terrible!
- + So, Monica, the situation is not quite clear, but we have a lot of scared people here in San Francisco and a lot of damaged buildings. In fact, the police and the fire brigade are still evacuating people from many buildings and offices. No one knows whether the earthquake is really over. I will keep you updated with any new developments!

- Thank you, Gary. We'll go back to that story at the end of the programme. At home, the prime minister has decided to ...

Track 186

- A. camera operator
- B. news presenter
- C. current affairs correspondent
- D. TV editor
- E. newspaper journalist
- F. radio host

Track 187

1. This morning two students behaved very dangerously.
2. The students were able to buy some fireworks very easily.
3. At recess the fireworks exploded very loudly.
1. The students and teachers ran around crazily.
4. The fire brigade arrived very quickly.
5. They extinguished the fire immediately.
6. The headmaster talked to the students very angrily.
7. In the end this dramatic event ended well.

Track 188

A rainy tragedy
After Bridget Swan left her apartment, it started to rain heavily. When she saw a taxi, she tried to cross the street very quickly. But when she stepped off the pavement, she was hit by a car immediately. Her husband saw the accident from the apartment window and he called the ambulance quickly.

20. lecke

Track 189

- A. I would fight for more justice in this world!
- B. World peace of course!
- C. I would reduce the pollution in the world.
- D. I would redistribute the world's wealth.

- E. I want more tolerance in this world.
- F. I would improve the education system.
- G. We need to focus on children's welfare in this world!
- H. I'd like to make the carbon footprint of air travel smaller.
- I. We need to find more ways to preserve our environment.

Track 190

I have a vision!
I will make a change to this world.
I will reform the school system.
I will support children more.
I will improve the qualification of teachers.
I will most likely become a teacher and try to make the world a better place!

Track 191

Ladies and Gentlemen – I have a vision! Vote for me and I will make great changes to this country. In the area of healthcare: I will reform the NHS. There will be no more delays at the doctor's and no more long waiting lists in hospitals. I will also support families. There will be childcare in every district and so working parents will be more flexible.

Another important sector is education: I will improve teacher training and, in schools, smaller classes will mean better lessons. Of course, there will also be changes to the world of work. There will be more academic jobs and a higher minimum wage. Let's not forget our environment. I will find better ways to make our air cleaner, such as car-free days in big cities. So you will see, vote for me and I will definitely make our country great again!

Track 192

- A. I will definitely build a house in a few years.
- B. My future plans? Well, I want to go on a world trip!

- B. My boyfriend and I have been together for six years now. Most likely we will raise a family soon.
- C. Uhm, future ... I don't have any future plans...
- D. My plan for the future? I plan to build a career for myself!
- C. I don't know what I will find in the future but I hope to find myself

Track 194

- A. definitely
- B. most likely/probably
- C. maybe/perhaps
- D. hardly/not likely
- E. never

Track 195

1. Sean is going to move to the United States next year.
2. He will definitely live in New York.
or He is definitely going to live in New York.
3. Maybe he will rent a penthouse in Manhattan.
1. Perhaps he will start a new job as a manager.
2. He will make new friends in New York.
or He is going to make new friends in New York.
3. Perhaps Sean will find a new girlfriend.
4. He won't raise a family.
5. Sean will definitely have a good time.
or Sean is definitely going to have a good time.

Track 196

1. I can only tell you three words about my future plans: Me, myself and I. I will build my career and rule the world!
2. I will raise a family. In two years my husband and I will move to Australia. Maybe we will build a house at the beach!

3. I will become a politician! Believe me! With me at the top there will be world peace within a year!
4. I will try to reduce the pollution in this world. Maybe this will help to preserve our environment!

Track 196

Hi, my name is Kim. I am going to finish school this summer. I will probably go on a world trip after school. First of all I will go to Bangkok and learn Thai. Then I will travel some more and teach children all over the world. I will try to make the world a better place.

Hi there, I'm Edward, but my friends call me Eddy. Uhm, to be honest, I don't have any plans for the future. I will try to have a good time and stay out of trouble. I will definitely try to enjoy every second of my life.

Hangok forrás:

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